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Los Llanos de Aridane





CONTENT

HISTORY

THE PRESENT

NATURE

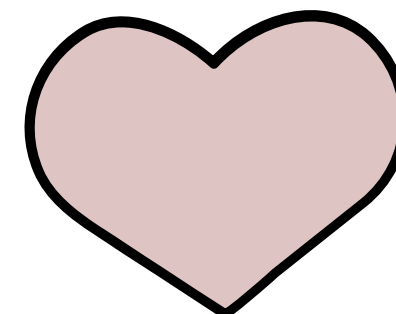
CULTURAL HERITAGE

CULINARY DELIGHTS

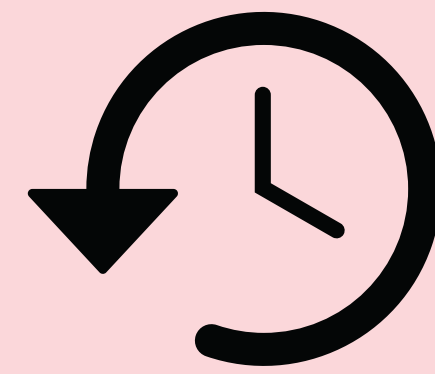
LIFESTYLE

TRAVEL TIPS

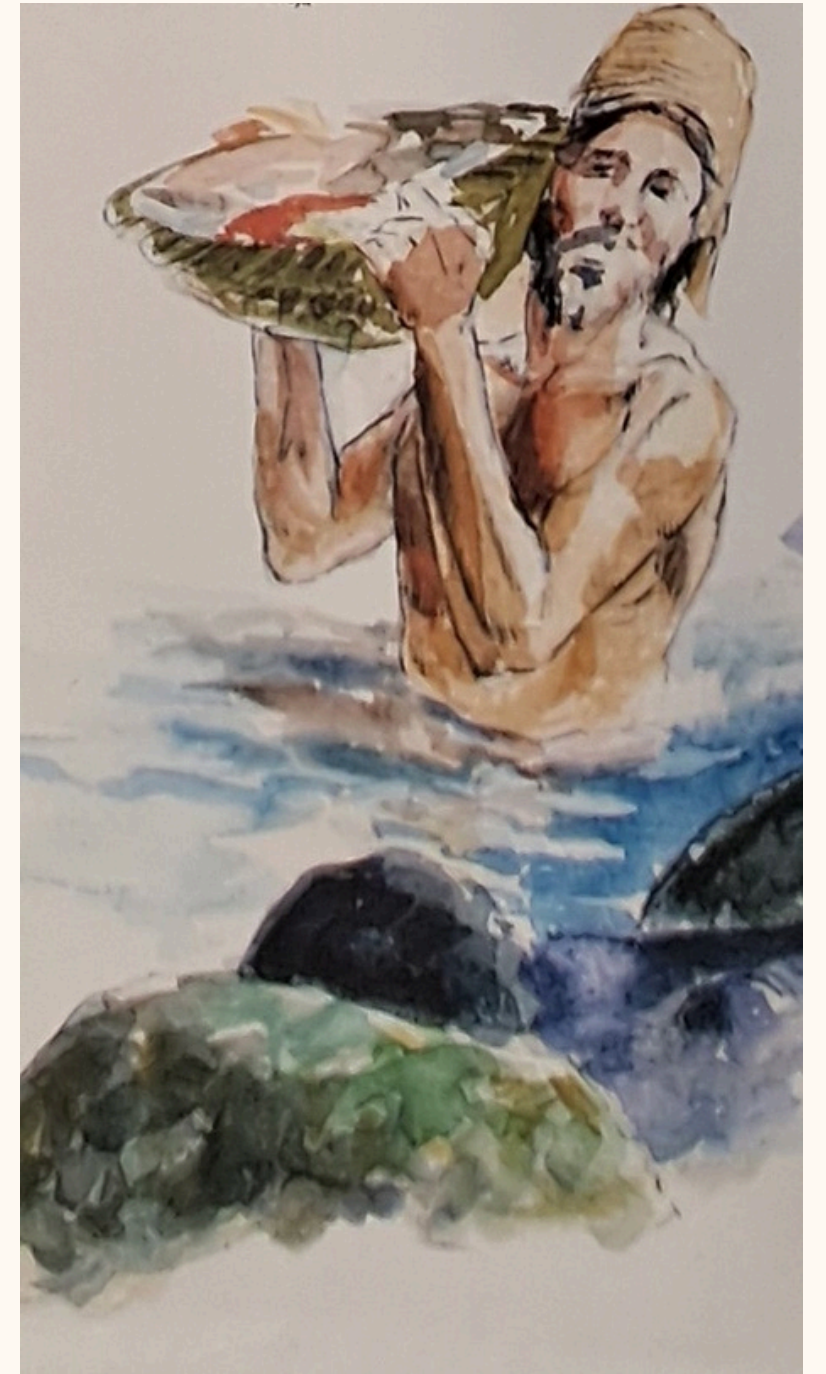
DISCLAIMER



HISTORY



- Los Llanos de Aridane - literally translated "the plains of the plain"
- built in 1521 in the manner of the colonial foundations of the New World
- its center formed around the local parish, the Church of Los Remedios

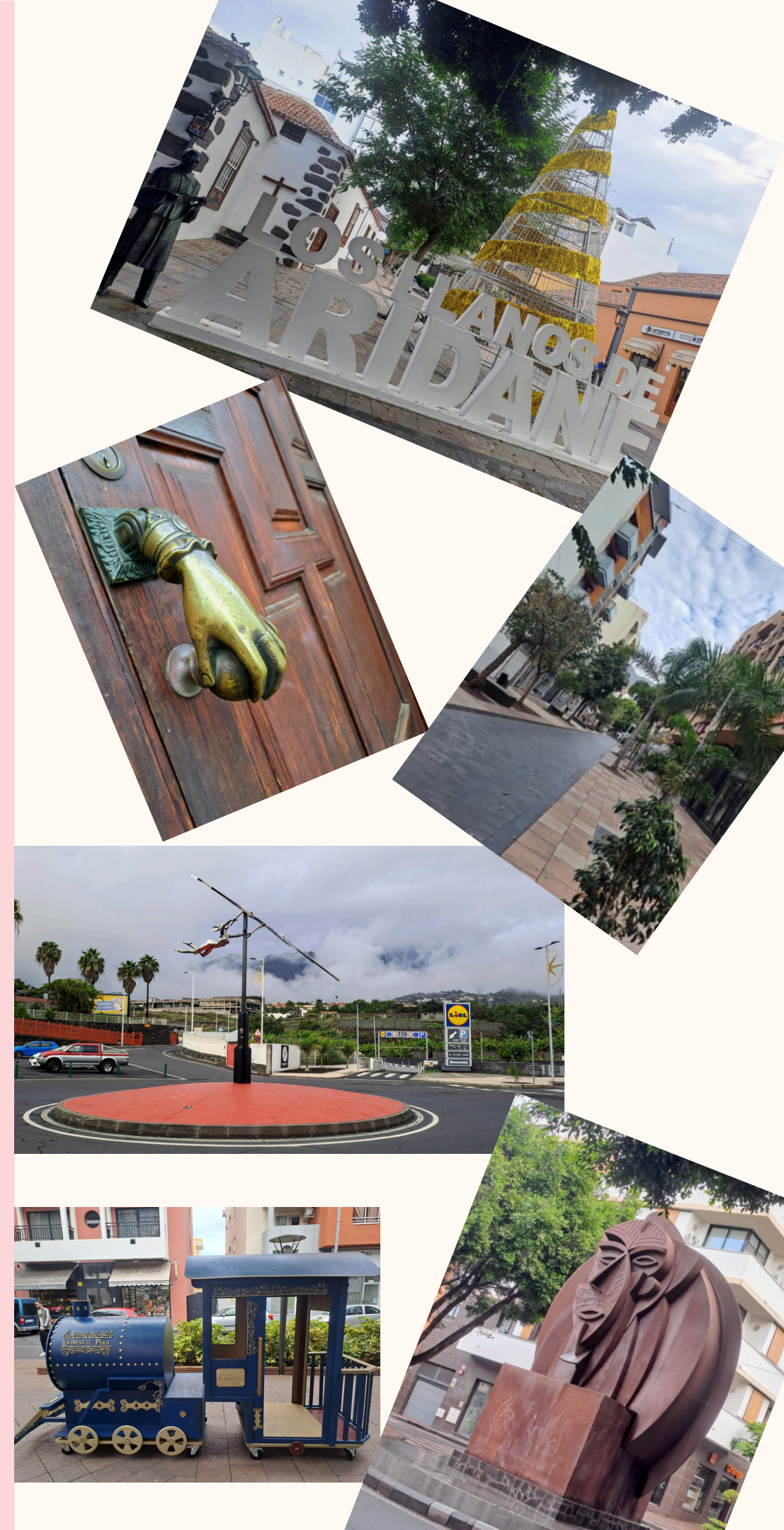


the Benahoaritas -
ancient inhabitants
of La Palma

THE PRESENT

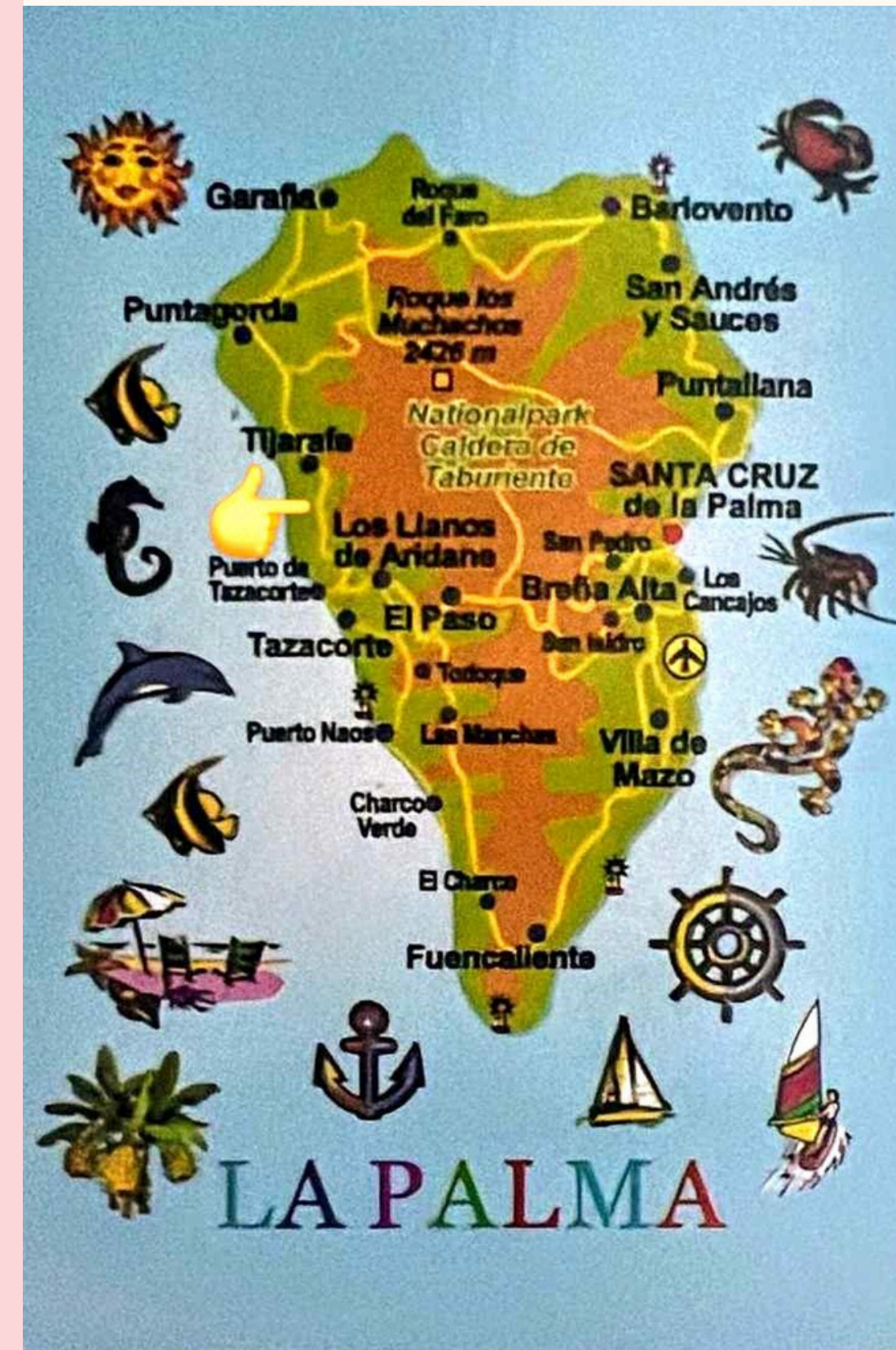


- located in the west of the island of La Palma, in the Aridane Valley
- its elevation: 325 m
- the most urban, cosmopolitan and populated municipality of La Isla Bonita
- population: 20 551 inhabitants



NATURE

- the Atlantic Ocean
- beaches and black sand
- peaks, cliffs and slopes
- sunny climate
- palms, flowers
- Indian laurel trees
- banana farms
- volcanoes









CULTURAL HERITAGE

- Historic center
- Plaza de España
- The Church of Nuestra Señora de los Remedios
- Benahoarita Archeological Museum
- The Museum of Sacred Art
- The Museum on the Street

<https://hellolapalma.com/en/tours/los-llanos-and-the-open-museum-in-the-street/>



Historic centre



- Canarian domestic architecture
- the small, ground-floor houses , colorful and unique in their style



Plaza de España

- the heart of the town surrounded by the oldest Indian laurels in the Canary Islands



The Church of Nuestra Señora de Los Remedios

- built by the 1st Castilian conquerors in the 16th century
- the flamenco panel of the Patroness of the municipality, the Virgin de los Remedios





Benahoarita Archeological Museum

- dedicated to the Benahoarita culture, the island's aboriginal people - "benahoaritas"
- a permanent exhibition on the habitat, lifestyle, industries and culture of these inhabitants



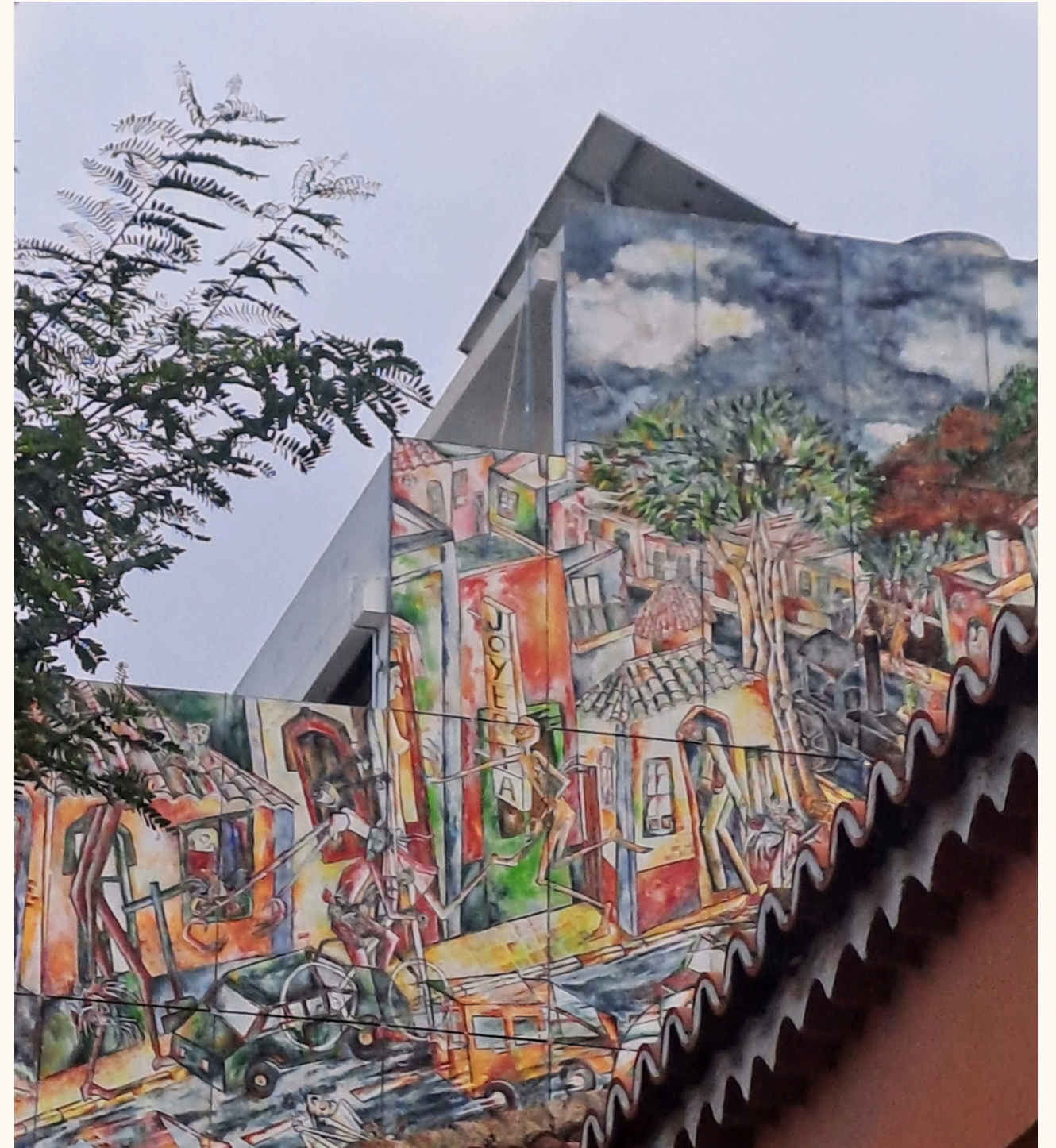
The Museum of Sacred Art

- a small exhibition of liturgical items



The Museum on the Street

- a permanent outdoor exhibition
- contemporary art murals are painted on the sides of buildings in the centre



CULINARY DELIGHTS

- Queso frito con mojo verde
- Gambas al ajillo
- Chipirones
- Papas arrugadas
- Bichillo con salsa de pimienta
- Barraquito con licor
- Príncipe Alberto
- Bienmesabe





**Queso frito con mojo
verde**



Gambas al ajillo



Chipirones



Papas arrugadas



Bichillo con salsa de
pimienta



Barraquito con licor



Príncipe Alberto



Bienmesabe

LIFESTYLE

- restaurants - Balcon Taburiente, El Bunker, El Edén, Los Argentinos
- shops - shopping
Monday-Friday: 9:00-13:00/14:00
Saturday: 9:00/10:00-14:00
Sunday: closed
- festivals - Carnival, Los Indianos, El Diablo etc.







TRAVEL TIPS

- bus - cheap, taxi - 1 hour/50-60 Eur
- beaches - Puerto Naos, Charco Verde
- volcano - Cueva Vieja
- Caldera de Taburiente National Park
- cave in the Cueva de Las Palomas
- <https://www.bintercanarias.com/es>
- cheap flights



Santa Cruz de La
Palma
beaches


300



300

S/C PALMA ↔ LOS LLANOS ±50'

S/C DE LA PALMA 2 1 12 33 35 100 200 201 500
 CRUCE CANCAJOS ±02' 20 35 200 201
 LA GRAMA ±04' 12 33 35 41
 HOSPITAL ±10' 12 33 35 41
 BOTAZO ARRIBA ±15' 8
 TUNEL DE LA CUMBRE ±20' 8
 CENTRO VISITANTES P.N. CALDERA DE TABURIENTE ±23' 8
 RECTA PADRÓN ±25' 8
 EL PASO ±28' 8
 TAJUYA ±31' 8
 COLEGIO TENDIÑA ±33' 8
 LOS LLANOS ±50' 5 8 24 27 29 110 210



Parada próxima a lugar de interés turístico

LUNES A VIERNES

S/C PALMA → LOS LLANOS

06:10	06:40	06:55	07:10	07:40
08:10	08:40	09:10	09:40	10:10
10:40	11:10	11:40	12:10	12:40
13:10	13:40	14:10	14:25	14:40
15:10	15:40	16:10	16:40	17:10
17:40	18:10	18:40	19:10	19:40
20:10	20:40	21:40	22:10	22:40

SÁBADOS, DOMINGOS Y FESTIVOS

S/C PALMA → LOS LLANOS

06:10	07:10	08:10	09:10	10:10
11:10	12:10	13:10	14:10	15:10
16:10	17:10	18:10	19:10	20:10
21:40	22:40			

LUNES A VIERNES

LOS LLANOS → S/C PALMA

05:15	06:00	06:15	06:35	06:55
07:35	08:05	08:35	09:05	09:35
10:05	10:35	11:05	11:35	12:05
12:35	13:05	13:35	14:05	14:35
15:05	15:20	15:35	16:05	16:35
17:05	17:35	18:05	18:35	19:05
19:35	20:05	20:35	21:35	21:05
22:35				

SÁBADOS, DOMINGOS Y FESTIVOS

LOS LLANOS → S/C PALMA

05:15	06:35	07:35	08:35	09:35
10:35	11:35	12:35	13:35	14:35
15:35	16:35	17:35	18:35	19:35
20:35	21:35	22:35		

Líneas de guaguas de La Palma

LA PALMA BUS ROUTE MAP







RADIO TAXI LOS LLANOS

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682 80 27 73

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